

# THE 2020 MONITORING PROGRAM\*

The following substances are placed on the 2020 Monitoring Program:

- 1. Anabolic agents:** *In- and Out-of-Competition:* ecdysterone
- 2. Beta-2-agonists:** *In- and Out-of-Competition:* any combination of beta-2-agonists
- 3. 2-ethylsulfanyl-1H-benzimidazole (bemitil):** *In- and Out-of-Competition*
- 4. Stimulants:** *In-Competition only:* bupropion, caffeine, nicotine, phenylephrine, phenylpropanolamine, pipradrol and synephrine
- 5. Narcotics:** *In-Competition only:* codeine, hydrocodone and tramadol
- 6. Glucocorticoids:** *In-Competition* (by routes of administration other than oral, intravenous, intramuscular or rectal) and *Out-of-Competition* (all routes of administration)

\*The World Anti-Doping Code (Article 4.5) states: "WADA, in consultation with Signatories and governments, shall establish a monitoring program regarding substances which are not on the Prohibited List, but which WADA wishes to monitor in order to detect patterns of misuse in sport."